

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Time	SATURDAY
4PM	LITTLE DRAGONS Beginners & Members	Available for 1-2-1 sessions	LITTLE DRAGONS Beginners & Members	LITTLE DRAGONS Beginners & Members	8AM	ELITE KARATE
5PM	BEGINNERS & LOW GRADES KARATE	BEGINNERS & LOW GRADES KARATE	JUNIOR KICKBOXING	BEGINNERS & LOW GRADES KARATE	9AM	LITTLE DRAGONS Beginners & Members
6PM	INTERMEDIATE KARATE	INTERMEDIATE KARATE	BEGINNERS & LOW GRADES KARATE	INTERMEDIATE KARATE	10AM	BEGINNERS & LOW GRADES KARATE
7PM	ELITE KARATE	ELITE KARATE	ELITE KARATE	INTERM EDIATE KARATE	11AM	INTERMEDIATE KARATE
8PM	ADULT KICKBOXING		KUNGFU	ADULT KICKBOXING	12PM	JUNIOR KICKBOXING